

# Instructions for making a mask with elastic around the back of head and neck

Revised 22.11.2020

---

The pieces you should have in your kit are:

- 1 × nose wire
- 2 x pieces of elastic
- 2 × outer mask fabric
- 2 × interlining fabric
- 2 × lining fabric

**All seam allowances are 1 cm**

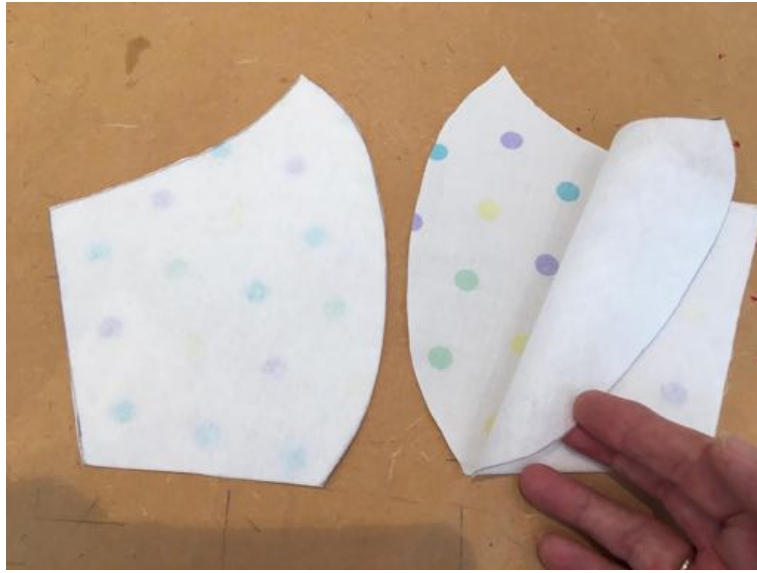
---

Orient yourself first. Find the centre front seams...



1. Take **1** piece of the interlining fabric and place it on the wrong side of **1** piece of the outer fabric.

Repeat with the other pair of outer and interlining fabric.



*For the purposes of this mask, the outer fabric and the interlining will from now be treated as one*

2. Join the centre front seam in the outer fabric/interlining pair, placing the right sides of the outer fabric together.





3. Repeat step 2 for the lining.



4. Press the seam allowances open and trim the interlining. If you wish clip the curves on the centre front seams.





5. Place lining fabric right side up.



6. Pin each of the two elastic straps 1cm down from the top edge and 1cm up from the bottom edge of the mask on the left-hand corners of the outer mask fabric, matching the raw edge of mask with the ends of the elastic. Allow the elastic to flow towards the right-hand side of the mask.



7. Stitch with a 1cm seam allowance from the top right-hand corner over the top of the mask, down the side-seam catching in the elastic at the top and bottom corners continuing the seam part-way across the bottom of the mask as shown in the image.



8. Pin each elastic in position as shown on the corners of the right-hand side matching the elastic to the raw edge of the mask as before. The elastic is placed 1cm up from the bottom edge and 1cm down from the top edge to allow for the seam.



9. Stitch the seam as for the left-hand side leaving an opening in the bottom of the mask to allow turning to the right way out.



10. Reinforce stitch over the elastic at each corner to ensure the straps are secure.



11. Turn the mask through the bottom opening to the right way outermost.







12. Press, rolling seams out fully to achieve a good clean edge.

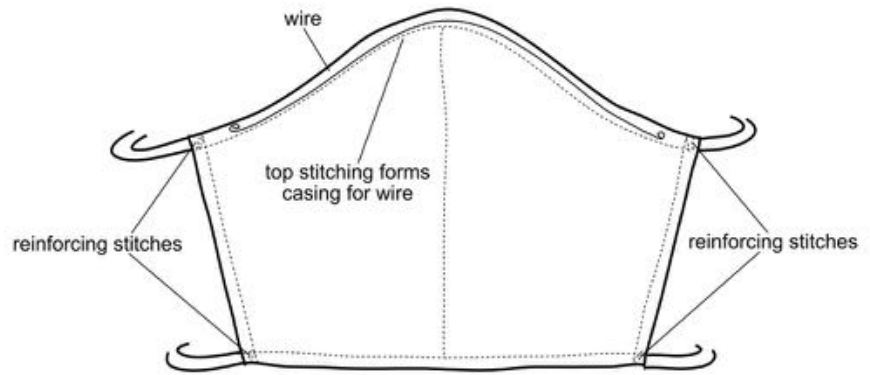


13. Press under the seam allowance on the bottom opening.



14. Insert the wire for the top edge through the opening on the bottom edge and settle it up close to the seam over the bridge of the nose as in the following diagram,





15. Hold the wire tightly against the top edge with pins.



16. Top stitch around the whole mask circumference 5mm away from the edge. You may choose to use a zipper foot for this step.

The mask is now complete.

